



## **Non Perishable Donation Guidelines**

1. We can only accept prepackaged items because of our licensing.
2. We cannot accept leftover foods and/or items that have been opened
3. Please avoid donating items packaged in glass. If you do, please put some cushioning around them or place in protective boxes to prevent breakage.
4. We request that you do not donate bulk quantities of rice, flour, or sugar. Although we appreciate and can utilize every donation we receive, the Food Bank does not have the repackaging facilities or have licensing needed to properly distribute such items
5. We do not accept milk or other items that need to be refrigerated.
6. Credit and/or Cash donations are gladly welcomed (checks made payable to The Center and in the memo section indicate Food Bank). Credit card donations can be made online by going directly to The Center's website at: <https://thecenterps.org/donate/to-the-food-bank>



## **Frequently needed items**

- Canned food items (low sodium - - carrots, corn, beans, green beans, etc. Clients like canned fruit too which is hard to get).
- Beans (dehydrated preferred because they can be used for multiple meals)
- Peanut butter
- Tuna and canned meat
- Healthy: soups (low sodium preferred) & cereal (low sugar preferred)
- Pasta, Macaroni, Pasta Sauce
- Brown rice (preferred for health reasons)
- Powdered milk or equivalent
- Whole wheat bread
- Healthy: crackers
- 100% Fruit Rolls
- Raisins
- Graham Crackers
- Unsweetened Applesauce
- Cheese and Crackers
- Fruit Cups
- Low-sugar Cereal Bowls or boxed cereal
- Pretzels



THE COMMUNITY  
**FOOD  
BANK**  
@ THE CENTER 

- 100% Fruit Juice Boxes
- Granola Bars (without peanuts or chocolate)
- Breakfast Bars
- Instant breakfast
- Oatmeal
- Protein Bars
- Tea
- Deodorant (men and women's)
- Tooth paste and toothbrushes
- Soap
- Dental floss
- Ensure and similar liquid protein products
- Pet food (dry preferred for both dogs and cats). We prefer smaller packaged items but if that's not possible, we'll take the larger packages that we'll repackage. The vast majority of food insecure people will feed their pets first before they feed themselves.
- Recyclable/reusable bags (we stopped giving out plastic bags to clients due to the recent city ordinance) and we'll gladly take empty egg cartons.