



EISENHOWER HEALTH

FALL/WINTER 2019-2020 SEASON

Date	Time	Presenter	Topic	Topic Description
Wednesday, October 9, 2019	5:30 to 6:30 pm	Alex Del Rosario, MD	Gay Men's Guide to Sex 3.0	Join Dr. Del Rosario for a broad overview of gay male sexual practices in the medical aspect. An in-depth question and answer session will follow.
Wednesday, October 16, 2019	5:30 to 6:30 pm	Jonathan Bechard, MD	Sexual Health in a Fetish World	Please join Jonathan Bechard, MD, Internal Medicine, for a sex-positive discussion around common medical risks associated with fetish play, how to avoid them, how to talk about them with your doctor, and how to bring a health-positive voice to your desires and experimentation.
Wednesday, October 23, 2019	5:30 to 6:30 pm	James Adams, MD	Sexually Transmitted Infections at Any Age	Please join James Adams, MD, Eisenhower Health for a discussion on sexually transmitted infections and your healthcare options. Older isn't necessarily wiser when it comes to preventing sexually transmitted infections (STIs). Condom use for vaginal/anal intercourse is lowest among the oldest adults, according to the National Survey of Sexual Health and Behavior. Among adults age 61 and older who were surveyed, only 5.1 percent of men and 7.4 percent of women used condoms during recent sex. This is in part because for many older people, the sexual health disaster of their generation was an unwanted pregnancy – not HIV and STIs. They may not be thinking about protection, but seniors are just as susceptible to STIs as younger people.
Wednesday, November 6, 2019	5:30 to 6:30 pm	Don Gardenier	Common Misconceptions about Hepatitis C	Did you know that gay men and people born between 1945 and 1965 are at a greater risk of developing Hepatitis C than the general population? Often we assume that our Primary Care Physician has already tested us for Hepatitis C, or that because we never used intravenous drugs we are safe. Unfortunately that isn't always the case. Join Don Gardenier, NP to learn the importance of being screened for HepC and the latest treatment options available.
Wednesday, November 20, 2019	5:30 to 6:30 pm	Jon Colbert, NP	Demystifying the HPV Virus Using Preventative Care to Help Prevent Cancer	Please join Jon Colbert, NP for a discussion to help demystify the HPV virus and how to use preventative care to help prevent cancer. Find out what you can do to help decrease your chances of getting HPV and the different types of cancer linked to it. You will get answers to common questions about HPV, HPV infection, and how HPV testing is used.